



May Market Menu

Parma is committed to supporting local farmers and to use the finest ingredients available. Our Market/Seasons menu will showcase local "Farm to Table" ingredients and seasonal dishes. Chef Warren Seta will change the Market/Seasons menu monthly.



zuppa

SMOKED HAM and SWEET CORN CHOWDER

Swanson's Smoked Ham, Local Sweet Corn, Scallion Emulsion, Herb-Seasoned Flatbread Cracker

6.50 cup / 8.50 bowl



pasta

SHRIMP ALFREDO

House-made Fettuccine, Copano Blue Shrimp, Tomato Confit, Roasted Garlic Cream, Grana Padano

28/15



secondo

CHICKEN MARSALA

Local Morels, Mascarpone Celery Root Purée

28

Sourcing from our local farms and purveyors

BelGioiso Cheese, Demark, WI • Bix Produce, Minneapolis, MN • Great Ciao, Minneapolis, MN • Swanson Meats, Minneapolis, MN

Featured Beverages

Spumante Brut Rose, Scarpetta, 'Timido,' Friuli, Italy NV Sixth Edition 13

Chardonnay, Talley Estate, 'Rincon Vineyard,' Arroyo Grande Valley, California 2014 19

THE ISLAND 8200 Coconut Rum, Passion Fruit Vodka, Pineapple Juice, Fresh Orange 8

Saturday Date Night

3 courses

\$50 for 2

50% off select bottles of wine

Happy Tower

TUESDAY - FRIDAY

4 - 8:30 PM

available in the Bar and Lounge

\$5 Appetizers

\$4 House Wine, Beer and Rail Drinks



Antipasti

FRIED SICILIAN RICE BALLS
with mozzarella and marinara 11

FRIED CALAMARI
with lemon sauce 13

BAKED SHRIMP
with tomato, feta, garlic and Calabrian chili oil 15

PARMA MEATBALLS
with marinara and ricotta 12

MARGHERITA FLATBREAD
with slow-roasted tomato, sweet basil and mozzarella cheese 9

GOAT CHEESE FLATBREAD
with bourbon honey, onions and roasted grapes 9

APPLE SALAD
with romaine, red onion, candied hazelnuts and gorgonzola dressing 11

PARMA HOUSE SALAD
with arugula, cherry tomatoes, parmigiano and lemon vinaigrette 9

WATERMELON SALAD
with basil, mint and goat cheese 11

LOCAL TOMATO AND BURRATA SALAD
with basil and extra-virgin olive oil 15

Pasta

PENNE
with tomato cream, vodka and parmigiano 18 / *primi* 14 / *add chicken* 4

CAVATELLI
with Molise country pork rib ragu 19.5 / *primi* 14.5

SPAGHETTI AND MEATBALLS
with marinara 19.5 / *primi* 14.5

RICOTTA GNOCCHI
with spicy sausage cacciatore and Castelvetro olives 19.5 / *primi* 14.5



Carne

BROILED LEMON CHICKEN
with arugula, roasted potatoes and caramelized onions 25

CHICKEN alla PARMIGIANA
with gnocchi marinara 23

BEEF 'BRASATO'
with red wine, garlic and whipped potatoes 26

FLAT IRON STEAK
with grilled romaine, peppers, radicchio and creamy balsamic dressing 29

Pesce

SEARED SALMON
with grilled zucchini and roasted tomatoes 32

PAN-SEARED HALIBUT PICCATA
with caramelized gnocchi 36

ORECCHIETTE
with shrimp, feta, Calabrian chili and lemon 26

Contorni

BRUSSELS SPROUTS 10

WHIPPED POTATOES 9

Dolce

BUTTERSCOTCH PANNA COTTA
with sea salt-chocolate shortbread 8

HOUSE-MADE CANNOLI
with lemon ricotta cheesecake and toasted almond toffee 8

GELATI OR SORBETTI
with chocolate-dipped pizzelle 7.5



Parma Cocktails

REVERSE MANHATTAN 14

Tattersall Italiano, Old Overholt Rye Whiskey, Tattersall Sour Cherry, Orange Bitters, Luxardo Cherry Garnish

THE MINNESOTA COSMO 13

Prairie Organic Vodka, Tattersall Cranberry Liqueur, Tattersall Orange Crema, Lime Juice.

THE NEW APEROL SPRITZ 12

North Shore Distillery Distiller's Gin No. 11, Aperol, Lemon, Prosecco

PROSECCO COCKTAIL 12

Prosecco, Tattersall Crème de Fleur

MARGARITA DI CAMPANIA 12

1800 Silver Reserva Tequila, Strega, Lemon, Lime, Citrus Salt Rim

PARMA'S BRANDY CRUSTA 11

Christian Brothers Brandy, Tattersall Orange Crema, Lemon Juice

NORTHEAST MINNEAPOLIS GIMLET 11

Tattersall Aquavit, Crème de Fleur, Lime Juice

NEGRONI LIMON 12

Beefeater Gin, Parma Infused Campari, Tosti Rosso, Orange

Birra

DRAFT

Fulton, Lonely Blonde, Minneapolis, Minnesota 7

Summit, EPA, St. Paul, Minnesota 7

Great Lakes, Eliot Ness Amber, Cleveland, Ohio 7

Sierra Nevada, Seasonal Selection, Chico, California 8

Bent Paddle, Seasonal Selection, Duluth, MN 8

Clown Shoes, Seasonal Selection, Ipswich, Massachusetts 8

BOTTLED

Michelob Golden Light, US 5

Budweiser, US 5

Grain Belt Nordeast, Minnesota 5

Coors Light, US 6

O'Doul's Amber NA, US 6

Amstel Light, Netherlands 7

Peroni, Italy 7

Stella Cidre, Belgium 7

Stella Artois, Belgium 7

Lift Bridge, Farm Girl Saison, Minnesota 8

Guinness, Ireland 8



Glass Vino

SPARKLING	6 oz
Prosecco, Astoria Lounge, Veneto, Italy NV	9.5
Moscato Spumante, Colli Euganei, Veneto, Italy 2014	9.5
Rose Brut, Roederer Estate, Anderson Valley, California NV	15
WHITE WINES	
Pinot Grigio, Ca' Donini, Veneto, Italy 2015	9
Sauvignon Blanc, 13 Celsius, Marlborough, New Zealand 2015	10.5
Pinot Bianco, Alois Lageder, Alto Adige, Italy 2015	10.5
Orvieto Classico, Santa Cristina, 'Campogrande,' Umbria, Italy 2015	9.5
Vernaccia Di San Gimignano, Fontaleoni, Tuscany, Italy 2015	10
Estate Riesling, Jones of Washington, Wahluke Slope, Washington 2014	10
Chardonnay, 10 Span, Central Coast, California 2015	9
Chardonnay, Tormaresca, Puglia, Italy 2015	11
Chardonnay, Cuvaision, Carneros, California 2013	14.5
RED WINES	
Pinot Noir, Castle Rock Cuvee, California 2013	9
Montepulciano d'Abruzzo, Tre Saggi, Abruzzo, Italy 2013	12
Pinot Noir, Argyle, Willamette Valley, Oregon 2015	13.5
Chianti, Castelvechio, 'Santa Caterina,' Tuscany, Italy 2013	9
Cabernet Sauvignon, Horse Heaven Hills, Columbia Valley, Washington 2014	9.5
Merlot, Cannonball, Sonoma County, California 2014	11
Red Blend, If You See Kay, Lazio, Italy 2014	12
Cabernet Sauvignon, Katherine Goldschmidt, Alexander Valley, California 2015	14
Syrah, Boomtown, Columbia Valley, Washington 2014	10

Non-Alcoholic

Acqua Panna Natural liter 6 / half liter 4.5	Red Bull 4
San Pellegrino Sparkling liter 6 / half liter 4.5	Limonata 4
	Aranciata 4
	Dry vanilla bean soda 4
	Fresh-squeezed lemonade 3.5
	Fresh-squeezed strawberry lemonade 4
	Fresh-brewed iced tea 3.25
	Coke, Diet Coke, Minute Maid Light lemonade, Barq's root beer, Sprite, Diet Sprite 3.25



SPARKLING

bin #		bottle
1005	Prosecco, Astoria Lounge, Veneto, Italy NV	36
1010	Moscato Spumante, Colli Euganei, Veneto, Italy 2015	38
1015	Prosecco, Adami, 'Gabriel 13,' Veneto, Italy NV	46
1020	Rose Brut, Roederer Estate, Anderson Valley, California NV	60
1025	Franciacorta, Ca' del Bosco, 'Cuvee Prestige,' Lombardy, Italy NV	72
1030	Brut Sparkling, Argyle, Willamette Valley, Oregon 2006	85
1035	Champagne Brut, Veuve Clicquot, Reims, France NV	120
1037	Ca' del Bosco, 'Cuvee Annamaria Clementi,' Lombardy, Italy 1993	200
1040	Champagne Brut, Dom Perignon, Epernay, France 2005	325

BRIGHT WHITES

bin #		bottle
2005	Pinot Grigio, Ca'Donini, Veneto, Italy 2015	36
2022	Vernaccia di San Gimignano, Fontaleoni, Tuscany, Italy 2015	40
2025	Sauvignon Blanc, 13 Celsius, Marlborough, New Zealand 2015	42
2030	Pinot Grigio, Zenato, Venezia, Italy 2015	42
2035	Pinot Bianco, Alois Lageder, Alto Adige, Italy 2015	44
2050	Pinot Gris, A to Z, Willamette Valley, Oregon 2013/15	45
2045	Pinot Grigio, Pierpaolo Pecorari, Venezia Giulia, Italy 2014	47
2060	Sauvignon Blanc, Fattori, 'Vecchie Scuole,' Venezia, Italy 2015	50
2070	Sauvignon Blanc, Duckhorn Vineyards, Napa Valley, California 2015	60
2075	Roero Arneis, Bruno Giacosa, Piedmont, Italy 2007/10	75

FOCUSED WHITES

bin #		bottle
3001	Orvieto Classico, Santa Cristina, 'Campogrande,' Umbria, Italy 2015	38
3003	Rose of Nebbiolo, Poderi la Collina, Piedmont, Italy 2014	40
3005	Estate Riesling, Jones of Washington, Wahluke Slope, Washington 2014	40
3015	Soave Classico, Inama, Veneto, Italy 2015	45
3020	Vermentino, Argiolas, 'Costomolino,' Sardinia, Italy 2015	45
3025	Vernaccia, Terruzi & Puthod, 'Terre di Tufi,' Tuscany, Italy 2011	50
3030	Falanghina, Tenuta Rocca Dei Leoni, 'Villa Matilde,' Campania, Italy 2014	52
3026	Greco Di Tufo, Colli di Lapio, 'Alexandros,' Campania, Italy 2013	55
3035	Gavi di Gavi, La Scolca, 'White Label,' Piedmont, Italy 2012	60

BOLD WHITES

bin #		bottle
4005	Chardonnay, 10 Span, Central Coast, California 2015	36
4015	Chardonnay, Tormaresca, Puglia, Italy 2015	44
4020	Chardonnay, Talbott, 'Kali Hart,' Monterey, California 2013	45
4045	Chardonnay, Castello della Sala, 'Bramito del Cervo,' Umbria, Italy 2014/15	55
4046	Chardonnay, Cuvaision, Carneros, California 2013	58
4050	Chardonnay, St. Innocent, 'Freedom Hill Vineyard,' Willamette Valley, Oregon 2015	66
4060	Chardonnay, Mer Soleil Reserve, Santa Lucia Highlands, California 2014	85
4070	Chardonnay, Ramey Wine Cellars, Russian River Valley, California 2013	90
4080	Chardonnay, Planeta, Sicily, Italy 2014	100
4085	Chardonnay, Marchesi Antinori, 'Cervaro della Sala,' Umbria, Italy 2008/09	130



SILKY REDS

bin #		bottle
5005	Pinot Noir, Castle Rock Cuvee, California 2013	36
5010	Montepulciano d'Abruzzo, Tre Saggi, Abruzzo, Italy 2013	48
5020	Barbera d'Asti, Vietti, 'Tre Vigne,' Piedmont, Italy 2014	50
5027	Pinot Noir, Argyle, Willamette Valley, Oregon 2015	54
5025	Dolcetto d'Alba, Sori Paitin, Piedmont, Italy 2013	55
5030	Pinot Noir, Saintsbury, Carneros, California 2012	70
5045	Pinot Noir, Patz & Hall, Sonoma Coast, California 2013	85
5050	Pinot Noir, Ken Wright Cellars, 'Shea Vineyard,' Yamhill-Carlton, Willamette Valley, Oregon 2012	105
5051	Pinot Noir, Paul Hobbs, Russian River Valley, California 2012	125

RICH REDS

bin #		bottle
6005	Chianti, Castelvechio, 'Santa Caterina,' Tuscany, Italy 2013	36
6010	Rosso Piceno, Saladini Pilastrini, Marche, Italy 2014	40
6012	Montepulciano d'Abruzzo, Barone di Valforte, Abruzzo, Italy 2015	45
6015	Cannonau di Sardegna Riserva, Sella & Mosca, Sardinia, Italy 2011	45
6020	Nebbiolo, Vigin, Langhe, Piedmont, Italy	54
6040	Nero d'Avola, Morgante, Sicily, Italy 2013	56
6045	Aglianico, Feudi di San Gregorio, 'Rubrato,' Campania, Italy 2012	60
6050	Chianti Classico, Podere Il Palazzino, 'Argenina,' Tuscany, Italy, 2011	60
6055	Nebbiolo, Vietti, 'Perbacco,' Langhe, Piedmont, Italy 2012	65
6077	Vino Nobile di Montepulciano, Dei, Tuscany, Italy 2012	75
6076	Nebbiolo, Conterno Fantino, 'Ginestrino,' Langhe, Piedmont, Italy 2009	80
6075	Sagrantino di Montefalco, Terre de Trinci, Umbria, Italy 2006	80
6087	Nero d'Avola, Planeta, 'Santa Cecilia,' Sicily, Italy 2007	110
6093	Barolo, Francesco Rinaldi & Figli, 'Cannubi,' Piedmont, Italy 2010	135
6095	Barolo, Pio Cesare, Piedmont, Italy 2008	145

OPULENT REDS

bin #		bottle
7005	Cabernet Sauvignon, Horse Heaven Hills, Columbia Valley, Washington 2014	38
7007	Merlot, Cannonball, Sonoma County, California 2014	44
7020	Red Blend, If You See Kay, Lazio, Italy 2014	48
7010	Super Tuscan, Avignonesi, 'Cantalore,' Tuscany, Italy 2014	50
7032	Cabernet Sauvignon, Katherine Goldschmidt, Alexander Valley, California 2015	58
7035	Rosso di Montalcino, Agostina Pieri, Tuscany, Italy 2013	65
7036	Cabernet Sauvignon, Decoy by Duckhorn, Napa Valley, California 2013	70
7037	Red Blend, Stag's Leap Wine Cellars, 'Hands of Time,' Napa Valley, California 2013	75
7042	Super Tuscan, Gaja, 'Promis,' Bolgheri, Tuscany, Italy 2013	76
7043	Cabernet Sauvignon, Round Pond, 'Kith & Kin,' Napa Valley, California 2013	80
7045	Valpolicella Ripasso, Speri, Veneto, Italy 2014	80
7047	Merlot, Pine Ridge Vineyards, 'Crimson Creek,' Napa Valley, California 2008	85
7046	Red Blend, Prisoner, Napa Valley, California 2014/15	89
7055	Super Tuscan, Terrabianca, 'Campaccio,' Tuscany, Italy 2011	90
7048	Cabernet Sauvignon, Trefethen, Napa Valley, California 2013	95
7051	Cabernet Sauvignon, Turnbull Estate, Napa Valley, California 2013	99
7056	Brunello di Montalcino, Flavio Fanti, 'La Palazzetta,' Tuscany, Italy 2011	105



OPULENT REDS *continued*

bin #		bottle
7050	Cabernet Sauvignon, Paul Hobbs, 'Crossbarn,' Napa Valley, California 2012	115
7057	Red Blend, Gaja, 'Sito Moresco,' Langhe, Piedmont, Italy 2012	125
7058	Cabernet Sauvignon, Stag's Leap Wine Cellars, 'Artemis,' Napa Valley, California 2013	125
7067	Cabernet Sauvignon, Isole e Olena, Tuscany, Italy 2000	140
7080	Brunello di Montalcino, Tenuta Friggaiali, Tuscany, Italy 2001	140

JUICY REDS

bin #		bottle
8005	Primitivo, Passitivo, Puglia, Italy 2014	40
8007	Syrah, Boomtown, Columbia Valley, Washington 2014	40
8010	Syrah, Cline Cellars, Sonoma County, California 2015	40
8012	Petite Sirah, Concannon, 'Conservancy,' Livermore Valley, California 2013	45
8025	Mourvedre, Cline Cellars, 'Ancient Vines,' Contra Costa County, California 2013	50
8035	Zinfandel, Ridge, 'Three Valleys,' Sonoma County, California 2013/14	65

RESERVE LIST

bin #		bottle
9040	Cabernet Sauvignon, Caymus Vineyards, Napa Valley, California 2014	175
9085	Cabernet Sauvignon, Brandlin, 'Henry's Keep,' Mount Veeder, Napa Valley, California 2011	205
9095	Super Tuscan, Monteverdine, 'Le Pergole Torte,' Tuscany, Italy 2011	210
9035	Amarone della Valpolicella, Tommaso Bussola, 'TB,' Veneto, Italy 2001	225
9075	Brunello di Montalcino, Castello di Romitorio, Tuscany, Italy 2004	210
9043	Nebbiolo, Le Piane, Boca, Piedmont, Italy 2001/03	150
9044	Nebbiolo, Coste della Sesia, 'Lessona,' Piedmont, Italy 2006/08	165
9055	Barbaresco Riserva, Produttori del Barbaresco, 'Rabaja,' Piedmont, Italy 2007	150
9060	Barbaresco Riserva, Produttori del Barbaresco, 'Muncagota,' Piedmont, Italy 2007	150
9090	Barolo, Gaja, 'DaGromis,' Piedmont, Italy 2010	200
9045	Barbaresco, Pelissero, Piedmont, Italy 1997	250